



Folsom ♦ Menu

BREAKFAST

Breakfast Burrito
Scrambled eggs, green onion, jack & cheddar cheeses
& your choice of bacon or ham 8

Belgian Waffle
With maple syrup & powdered sugar 7.5
fresh berries add 1

Breakfast Bagel
Two scrambled eggs on toasted bagel 3.5
with cheddar cheese add .50
with vegetables add .50
with bacon add .75

Quiche with Fruit
Quiche varies daily
ask about today's selection 8.25

Fruit & Yogurt
Fresh fruit with yogurt, granola & honey 6.25

SANDWICHES

Your choice of sourdough, sour wheat walnut or foccacia bread
& served with blue corn tortilla chips

Leonardo da Veggie
Cucumbers, avocado, tomato, lettuce, marinated
onions & pesto mayonnaise 7

Ham & Swiss
Honey ham with swiss cheese, lettuce, tomato
mayonnaise & honey mustard 7.5

Turkey Berry
Smoked turkey with cranberries, mayonnaise,
lettuce & stuffing 7.5

Chicken Roberto
Grilled chicken breast, roasted red peppers, marinated
onions, melted provolone cheese & pesto mayonnaise 7.5

Chicken Waldorf
Chicken with almonds, apples, green onions,
mayonnaise & lettuce 7.5

Turkey Toscano
Smoked turkey, tomato, lettuce, marinated red onions,
avocado, provolone cheese & pesto mayonnaise 7.5

SALADS

Chicken Waldorf
Grilled chicken tossed with almonds,
apples & green onions 8.5

Pollo Classico
Mixed greens, baked chicken, sundried tomatoes,
marinated onions, parmesan cheese & croutons
tossed with Balsamic Vinaigrette 8.5

Asian Chicken Salad
Chicken breast, shredded cabbages, crunchy noodles,
peanuts, cilantro, carrots, red peppers, & green
onions tossed with miso vinaigrette 8.5

Tossed Cobb
Romaine, bacon, smoked turkey, avocado, tomato
& egg tossed with creamy dill 9.5

Mixed Greens
Mixed greens with goat cheese & toasted hazelnuts
tossed with a champagne vinaigrette 7

Caesar Salad
Traditional caesar dressing over romaine lettuce
with parmesan cheese & croutons 8
with chicken 9.5

Mediterranean Pasta Salad
Sundried tomatoes, capers, kalamata olives, red bell
peppers, mozzarella cheese tossed with
Balsamic Vinaigrette 7.5
with chicken 9

Smoked Chicken Salad
Smoked chicken, micro greens, apples, blue cheese
& walnuts tossed with a champagne vinaigrette 13

ZUPPA

Soup of the Day
3.95 Cup / 5.95 Bowl

Soup & Salad Combo
Cup of soup & mixed green salad 7