



BELLA BRU
CAFE & CATERING

Lunch

5038 Fair Oaks Boulevard
Carmichael, CA 95608

PIZZAS

Margharita

Vine-ripened tomatoes, garlic confit,
tomato coulis, mozzarella & basil pistou 9

Roasted Chicken Mediterranean

Roasted peppers, Spanish onions, kalamata olives, sundried
tomatoes, tomato coulis, Laura Chenel goat cheese,
mozzarella & Feta cheese 13

Sicilian

Hobb's pepperoni & coppa, fresh sausage, tomato coulis,
oregano & mozzarella 12

Marinated Grilled Vegetables

Marinated grilled eggplant, zucchini, Spanish onions,
portabella, shaved Parmigiano Reggiano,
hazelnut & arugula pesto 11

SANDWICHES

Served with Mesclun greens

Turkey OR Ham

choose: sweet Baguette, Sourdough, Brioche or Multi Grain

Served with house mayonnaise, Dijon mustard,
lettuce, tomato & red onions 8

Croque-Monsieur

French Ham melt with Gruyere cheese, Mornay sauce
& brioche Pullman bread 9

Club

Turkey, apple smoked bacon, avocado, tomato,
house mayonnaise & sourdough toast 11

The Veggie

Avocados, cucumbers, alfalfa sprouts, tomatoes,
roasted pepper humas, red onions, Dijon mustard
& Bella Bru multi grain bread 9

Croque-Madame

Same as Monsieur, topped with fried egg 10

Turkey Toscano

Turkey, avocado, provolone cheese, tomatoes, alfalfa sprouts,
red onions, Focaccia bread & pesto mayonnaise 10

Bella Bru Burger

Charbroiled 1/2 lb. Angus burger, ciabatta bun, caramelized onions & Dijon aioli 10

Add Cheese: Cheddar, Gruyere or Provolone \$1

Roquefort \$2

SPECIALTY SANDWICHES

Served with Mesclun greens

Garden Burger

Grilled vegetable patty with avocado, lettuce, tomato,
red onions & spicy aioli 9

Add Cheese: Cheddar, Blue or Pepper Jack \$1

Tuna Melt

Albacore tuna salad with avocado
& melted cheddar cheese \$8.5

Grilled Chicken 'n Brie

Brie cheese, green leaf lettuce, caramelized onions,
tomatoes & tarragon aioli

served on an Italian soft roll \$11

Grilled Chicken Breast Tartine

Marinated grilled chicken breast, goat cheese,
sundried tomatoes & basil pistou \$11

SALADS

Served with artisan bread

Caesar

Chopped hearts of romaine, Parmigiano Reggiano,
croutons & house Caesar dressing 9

add grilled Chicken \$3, grilled Salmon \$6

California Asian Chicken Salad

Napa cabbage, radicchio, scallions, cilantro,
miso vinaigrette, fried wontons,
cucumbers & rice stix 13

Chopped Cobb

Turkey, Hobb's apple wood smoked bacon,
Danish blue cheese, hard-boiled egg, romaine hearts,
avocado, tomatoes & dill dressing 11

Steak Salad

Organic baby lettuces, mixed grilled vegetables,
Danish blue cheese, sun-dried tomato aioli
& balsamic vinaigrette 13

Mighty Chicken Salad

Roasted chicken, dried dates, corn, candied walnuts, goat cheese,
tomatoes, fig bread croutons & mixed lettuces tossed with a blue cheese vinaigrette \$12

SOUPE DU JOUR

Soup of the Day

4 Cup / 6 Bowl